



ISSUE # 68

November 2018
Thru
The New Year and
Beyond

Greetings!

Hello Everyone,

Happy Halloween, Happy Thanksgiving, Merry Christmas and a Happy New Year! Can you believe we are here already?

I am being guided into changing the way our newsletter is being presented starting with our next one in February. I know that we will be offering a recorded message from Serione' and at this point I am not sure how often you will be receiving one. As always, I will get more information down the road as Serione' is ready to present it, or **maybe, as I allow it in :)** If there are any changes that you require knowing it will be in the content of the email I send with the link to our website and the recording.

Did I ever mention to you how stubborn I am when it comes to change? It took me 6 months to start digitally recording instead of sending out tapes. That is how afraid I was of it. Cell phones...will let's just say it took me awhile to even own one and when I did it was a flip phone. Right before moving from California to Oregon I upgraded to a smartphone because of my husband, Jeffrey's subtle persistence. He brought it up periodically over the years (as well as some friends) to how much you can do with them. I actually enjoy using it now and I have no desire to go back to the flip phone. Jeffrey does really well with the technical stuff...it is something my brain does not wrap around easily.

You can imagine from the very beginning of knowing what I do the difficult time Spirit had with getting me out in public to channel for people. It was comical as I look back at it but it sure was not then. I did fight against it for a long time and even attempted to quit after I got started. The experiences of that attempt to quit gave me a clear understanding that this was here to stay and it is not going anywhere. So, at that point I gave in and said, "As long as this stays pure I will stay in, if it doesn't I am out!!!"

Going against everything that I had ever known was scary at first until I truly opened up to it and persevered through my brain's attempts at control. That is when I learned that it was not about me it was about the whole, the bigger picture. It was well worth each and every experience

*Wishing you fun, filled holidays with
memories to last a lifetime,*

Diane



With Love, From Serione`

(Channeled by Diane)

*Happiness is when what you think, what you say, and what you do are in harmony.
~Mahatma Gandhi*

Utilizing your intuition, detached from analytical control, emotional havoc, and outside influence, is your greatest path for ease and grace in your life journey.

Giving your power up and not validating brings lessons of repeated patterns with intensity until learned.

As the earth evolves so do you and with each shift comes a greater awakening of truth within yourself as well as externally. Every choice made will mirror a blending with, or invalidation of, the path that you are on. To validate is to pay attention to how you feel versus what the mind perceives and what you hear outside of yourself.

All people have their own perception. Remember, the brain begins its programming, through training, from the time of birth. It is very much like a computer consistently running background programs that influence choice.

When you follow the deep subtle guidance from within, you will initially feel blended and at peace with the choices that you make unless the brain chooses to intervene. The brain on the other hand becomes more intense, when it does not get its way, by giving excuses, fear-based thoughts, and ultimately sabotage. The more you give in to it the more control it has over your life. It is afraid of the unknowns and it perceives it as risk. The brain [also] fears that it will not be needed if you allow the essence of who you are to guide you. The brain is needed more than it knows, it does not understand that rising above its programming creates expansion and allows flow versus stagnancy.

The difference between the internal guidance and your brain is that the brain is loud and chaotic, your internal guidance is subtle and non-wavering. If you choose to allow the brain to take over, the essence of who you are does not have a choice but to stand back and allow you your lessons.

We wish you grace in knowing the difference of when the essence of who you are is guiding you and when your brain is controlling the outcome of your life

Serione`

*Change your thoughts and change
your world.*

~ Norman Vincent Peale

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The theme of my part of this last newsletter in this format is, "change".
Have faith, be happy, focus on the Good, and on what you can effect for the better, and we will see what the future holds together.

~Jeffrey



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Your inner voice is the voice of divinity.
To hear it, we need to be in solitude,
even in crowded places.

~A. R. Rahman