

## **ISSUE # 67**

Aug. 2018 Thru Oct. 2018

# Greetingsl

Hello Everyone,

It has been a wonderful year so far filled with visiting family, friends and meeting new people. In a couple of weeks, I am getting together with some ladies that I have not seen since graduating High School in 1975. This gathering will be a special, heartfelt time for me and I am so looking forward to it.

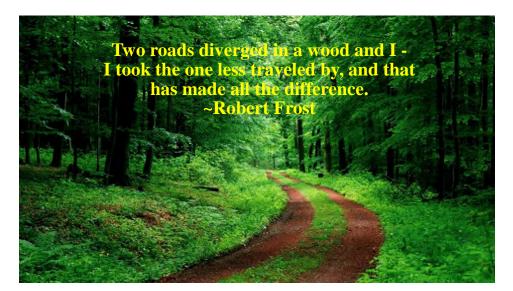
Reminiscing about my earlier days: I was born in upstate New York and grew up in Coulee City, WA, a small town of 600 people. Our graduating class was 34 kids. My brother, Roger and I graduated together which was awesome in itself. We are 9 months and 6 days apart in age (no, this is not a typo). After I graduated I left home at 17 years old and lived 3 blocks away from my parent's house and later joined the Navy. The Navy was a big wakeup call as I was really naïve about the world and people's behaviors. After boot camp I started off on a tugboat for 2 years as a Boatswain's Mate (deck hand) and then went into personal work for the last 2 years of active duty. I then joined the reserves to receive my 2<sup>nd</sup> class rank. I was fortunate not to be called to war, although, we all knew when we signed up that this was a possibility. I also had 4 years of education paid for, which I did not choose to use despite having joined to get an education. Looks like my education had a lot more to do with life than academics.

Talking about the direction of my life, over the course of the 21 years that I have been channeling, life has proven to me time and time again that if you follow that driven state, from deep within, regardless of the mind's fears everything will fall into place. It may not unfold immediately and usually does not happen the way you think it ought to. It requires patience, perseverance, and faith. Staying true to self and validating with action allows the momentum The choices that we make (whether to build. following the head or the heart) during the journey are also important to what we will experience in how and what falls into place and when. As long as we are living we are still growing no matter how long we have been on our Spiritual path. Perception is also a worthy opponent to tame and it will make all the difference in the choices that you make and what you experience.

Have a wonderful rest of your summer!

#### Much Love....Diane

"You will be perpetually unhappy if you continue to refuse to walk in your calling." ~Brandi L. Bates





It is the childlike mind that finds the kingdom. ~Charles Fillmore

The world is your oyster. You can either close the door to opportunity or you can embrace it as does a child who is learning to walk, with all its wonder and curiosity. When they fall they get up, and they continue until they succeed in their attempts of learning their body's capabilities. They have a pure focus of what they want and do not stop until they reach it or are told they cannot have it. Some will stop immediately, and others will continue to force their will.

A small child, before training takes over, has a perception that does not fear and go directly to the: what if's, I can't, no time, not enough, can't afford, etc.? They feel a driven state to do and they do until they succeed. This is how manifesting works and if you are willing to listen to that driven state you will be guided during the process, and as you are ready to receive it, it will fall into place. Analytical minds learn from everyone, and from everything that it does from birth. It will put a label in the good or bad category when there is pain or elation creating fear or joy. Anything associated to this incident, whether it be smells, sounds, feelings, sights, etc. is consciously labeled and subconsciously documented, stored and now you have a perception. Your perception affects how you look at everything in life, it drives the choices that you make which ultimately create the experiences and outcomes that you receive.

If you choose to create different it requires owning the driven state versus allowing the mind to control your life. When you have a drive that is heartfelt, take steps of action to begin building the momentum regardless of the brain's excuses. There may be times where you are required to stop all together due to timing or take another direction because it is not a benefit for you to continue on this particular path. It also does not mean to stop everything else while you are in the process of obtaining the desired goal, as that causes the brain to adopt fight or flight behavior which affects the outcome. It requires patience, perseverance and faith. Give us the outcome of your desire, take action and allow us to provide the ways and means.

We wish you ease and grace in obtaining true heartfelt desires

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"The road to success is longer than you'd like, but shorter than you imagine." ~ Tim Fargo Diane Rose Phillips Spiritual Counselor (888) 910-2038 or (541) 433-2943 www.serenitynews.com diane@serenitynews.com Continuing the theme from the last newsletter, we love our home, the place we live. Here are some photos of places we have been since that last newsletter.

#### ~Jeffrey



These pictures dear friends are from a Father's day visit to Summer Lake Hot Springs. We took our travel trailer for an easy 90 minute drive and spent the night. They have some full hook-ups and real cute cabins with in floor natural heat.



Quaint, Quiet and Peaceful. They boast healing waters, and I don't doubt it. See more at their website, we went in Mid June. We will be back, maybe in the colder weather.



One note of caution, after 9 PM the bathhouse is off limits to kids and becomes clothing optional. We were quite well cooked before then. The guest cabins are cute eco-friendly and affordable.



Just about an hour from home, here is a "secret" spot, now a sacred place for us that we will visit over the years. I will offer only that the stream is the Little Deschutes River.

### **Serenity News**

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To be more childlike, you don't have to give up being an adult. The fully integrated person is capable of being both an adult and a child simultaneously.

Recapture the childlike feelings of wide-eyed excitement, spontaneous appreciation, cutting loose, and being full of awe and wonder at this magnificent universe.

~Wayne Dyer