

## **ISSUE # 66**

May 2018 Thru Jul. 2018

## Greetingsl

Hello Everyone,

It looks like spring finally made it to Central Oregon. All the little critters: birds, bunnies, squirrels and butterflies have awakened and now we are waiting on the hummingbirds to find the feeders. We have this one squirrel that likes to visit and it looks like he just came out of a salon because his tail is the fluffiest I have ever seen. He seems to be proud of it too and he is rather shy. Due to our lot not being landscaped the deer do not enter. Eventually we will have something for them too.

The people here remind me so much of where I grew up and they are very friendly. It is a small town and we live on the outskirts which is more in the country, yet we still have people around us.

The winter weather is cooler than Tehachapi CA and the summer is a similar heat index although the growing season here is not as long. The cloud formations are awesome, and the sun comes out most of the time even in inclement weather. We love our pine trees and are surrounded by them which helps to keep us grounded. From the beginning of our Spiritual quest and traveling since 1997 this place has been more like home than anywhere we have ever lived together in 30 years. It suits us well and is perfect for when we retire! When you follow your heart regardless, of perceived fears, it always turns out and, with patience, it is better than anticipated. For example, we could have taken a home that we did not care for but liked the property. The home itself would have required a lot of work and it still would not have felt quite right. We pulled back from that and waited until our home now came along (for sale by owner) and it spoke to our hearts. These things may not be in the timing or appear in the way you think it ought to be but it is always in Universal perfection.

In closing, Jeffrey and I wish you a fantastic spring with an adventurous, memorable summer!!!

## Much Love....Diane



Let us not listen to those who think we ought to be angry with our enemies, and who believe this to be great and manly. Nothing is so praiseworthy, nothing so clearly shows a great and noble soul, as clemency and readiness to forgive. ~Cicero



There is a vast progression of emotional releasing and analytical twirling, among those, in the populace, that are not adapting to the intense energetic shifts. Whether it be individuals, groups or nations it is a benefit <u>not</u> to conceptualize what is being spoken as complete truth. What some perceive as reality does not speak the bigger picture of truth for the whole. Naysayers come out in droves in hopes that others will follow them as they seek self-gratification. Many are wanting control and power over what they do not know, however they sense a loss of control. This includes the Media.

Staying neutral during chaos leads to calmness within, that all is well. Grounding oneself during times of growth is essential for your physical, mental and emotional wellbeing. Spiritually, all is moving forward and on track.

Manifestations are direct results of thought and emotion. Be conscious as both will give you what you put energy towards, whether you want it or not. Introspection of your own manifesting techniques (what works and what does not) will teach you patterns that repeat and create havoc or provide the ease of flowing and allowing. Living in faith comes with a variety of experiences so that you see your part in the creation. As you walk in faith and release analytical control of the how, when, where and what if's you adopt favorable outcomes timed in perfection. In simplicity, when you are asking for what you do not vibrate with it is unable to blend with you until you align with it energetically. This is what we call "Universal Timing." Many ask over and over again for the same thing and do not understand over the years why it does not show up. They are unaware of their own vacillating and/or not being in alignment with what they seek."

We wish you grace in the awareness of your personal manifesting style and the ability to ease into the Divine nature of who you are.

Serione`

"Be an encourager. The world has plenty of critics already" ~Dave Willis, DaveWillis.org Diane Rose Phillips Spiritual Counselor (888) 910-2038 or (541) 433-2943 www.serenitynews.com diane@serenitynews.com

New Rates Effective: July 2, 2018: 15 minutes = \$40 30 minutes = \$80 45 minutes = \$120 60 minutes = \$160 The main reason for moving to Central Oregon was family, but also it feels like home, not just socially, but Spiritually. It is also home of some amazingly beautiful places. Here are some photos of places we have been or will go in the future, all are within a couple hours from our front door, some as close and 20 minutes away. The hot springs are places I intend to go as my mobility improves (Now that's a powerful incentive).  $\sim feffree$ 

Terwilliger Hot Springs is among the more developed therefore cleaner and easier access hot springs. It's about two hours from home.





Umpqua hot springs is only a 1/2 mike hike off the highway. The tubs are natural. The drive to the trail head is less than 90 minutes.

Here's a picture I took from Paulina Peak, about 30 minutes from home. The second picture (found online) is that same lake, taken where the hot springs run all along that beach, and looking back at Paulina Peak. This will likely be our first hot springs hike.





Crescent lake is one of the high mountain lakes with great water, amazing views and good fishing. We have been to the shore, but this year we plan to get out on the water. It's less than a 1/2 hour away.

## **Serenity News**

C/O Jeffrey & Diane Phillips P.O. Box 876 Gilchrist, OR 97737



When I admire the wonders of a sunset or the beauty of the moon, my soul expands in the worship of the creator. ~Mahatma Ghandi