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# Welcome

FROM DIANE

Jeffrey's View

In the last newsletter, Serione' said that this is the, "Year of Mirrors" and ours has begun. Jeffrey's last day of his 9 year employment was April 3<sup>rd</sup>. He is now self employed and contracting his services to the same company and opening up to new opportunities with others. We have wanted to move forward and this allows the freedom to do just that as the path unfolds. It feels similar to when we were asked to move across country in 1998 and we had faith that all would be well. Just like then, it is all the unknowns and the fears associated to a lack of *perceived* security. One huge difference between now and then is that there is a sense of familiarity this time which we did not know then and the perception of risk is less. Jeffrey will be talking to you about how he see's this...

*Much Love, from the both of us  
Diane*



OK so did my honey just throw me a bone or under the bus? I guess that remains to be seen, but here is how I see this, in a nutshell; be careful what you ask for, but not fearful. Here's the big picture.

When Diane and I started our Great Spiritual Adventure, in 1998, I gave my employer of 11 years, a two month notice that I was leaving them and Washington State for some yet unknown destination in North Carolina. I believed that Spirit would provide but I also "knew" that, while we might not have a lot, we would never starve. So with that "mindset" we set out, and sure enough there were times when we were pretty poor, but Spirit always provided. We never skipped a meal or were without a roof over our heads and we lived well enough with much less income but were richer in other ways. This theme of following our gut continued and served us pretty well over the years, but I was still not making much if any money, and that hurt my self worth.

When we moved to Southern CA we made new friends whose success, optimism, and confidence influenced me, and helped me visualize better possibilities for myself. Shortly thereafter I found the company that was my next step and it was kind of a dream job. I was hired to be their technical writer, but was soon their Health and Safety Officer. More to the dream part, my office was on Edwards Air force base, and I did job walks on some of the coolest installations, and I saw lots of cool stuff, like a space Shuttle landing and real life star Wars technology (that's two checks off the bucket list). Later, when my health became an issue, my boss graciously let me work from home. This helped me envision a new, even better scenario, where if I can work from home, I can work from anywhere, but there was one hitch.

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# With Love, From Serione'

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*(Channeled by Diane)*

We notice that many do not understand the manifestations of their life and how they create on a daily basis. As we have discussed in our previous writing it is a year of mirrors in which *everyone* will experience what they give energy to. It is a benefit to become aware of the bigger picture to a given situation which adopts analytical expansion rather than analytical paralysis. Some questions to assist you:

- Is this a pattern and why?
- What part did I play in the manifestation?
- Why is this situation a benefit for my life?
- What are my choices for movement forward?
- Are my choices self validating with a win-win scenario for continued growth? If so, how?
- Am I reacting (emotionally/mentally) or responding (balanced) to my situation?

Because it sits before you, you are capable of resolution with action and favorable outcomes.

For the mind to expand it requires intuitive blending by paying attention to the subtle voice that resides deep within (gut feeling) over the fear and control of the mind's twirling. Building the foundation of strength is achieved by the intuitive and mind working together harmoniously.

As you take action through resolution based processes, movement begins. Now you are beginning to build upon your creation. Very much like a train beginning its movement forward and building up to full speed ahead as the engines power increases. Your train is committed to getting from point A to point B even if that means a detour (intuitive-Spirit) from the normal schedule (mind-perception) for the preferred outcome. When there is a differing between your belief system, motive and heartfelt desires the truth will reside before you for contemplation. This can be likened to patterns repeated over and over again in a different way until you learn the art of balance.

*We Wish You Harmony on Your Path of Integration ,  
Serione'*



To take this to the level I wanted, moving closer to family, meant I would sacrifice the ability to visit base. This meant that I would have to give up being their safety guy, and I could not see my employer agreeing to that without a pay cut and that was problematic.

Several months later, my Boss and I met for dinner on a Friday night to discuss how the economy had hurt the company and how some changes were coming. He said that he would meet with his Dad, the owner of the company on Sunday to discuss his plans, but that he didn't see any big changes for me at that moment.

The following Monday, 9 years to the day of my hire, I was told by email that effective immediately, I would no longer be employed by them. Instead they wanted me to continue to write for them and get paid as an independent contractor. Was I scared? Oh hell yes, we both were, my income had been a reliable constant for years, now what?

A couple nights later, I dreamt that I was driving my truck on a northern highway, climbing a hill into a pass. Diane was beside me as always and it felt good to be traveling with her again, we enjoy our road "adventures" together and this felt familiar.

As we crested the hill the road looked too steep but then suddenly I realized the road just ended with no barrier or warning signs, and we were in mid air looking down at a beautiful blue ocean, hundreds of feet below. I looked back in the mirror and we were still level with the road, well past it's abrupt end at a rocky cliff, and I looked over and Diane was com-

pletely calm, then I woke up with a start.

The next morning we discussed the dream. I then realized that Spirit helped me manifest the next step in my master plan, even though I had not yet gotten up the gumption to jump on my own,. Like before, we knew would be more than fine.

As I look back now, on the last 20 years I can see how each level of this trip matched my mind's limitations. I think that this is part of Serione's "mirrors" concept. What we perceive as possible, will limit what we "ask" for, thus our reality mirrors our thoughts and those limitations.

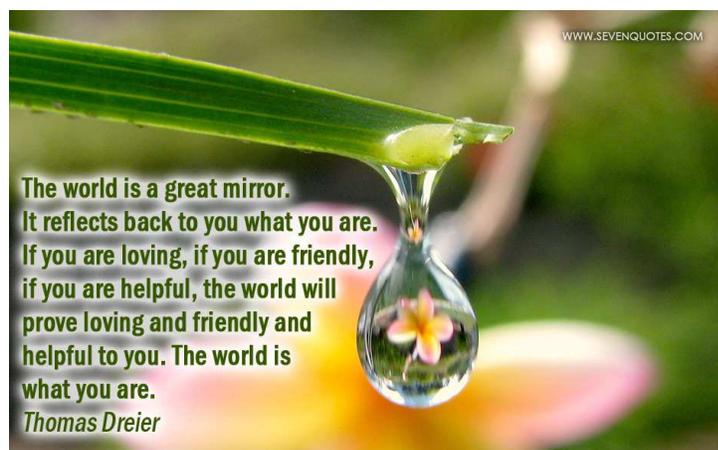
What I do know is that this evolution to self employment has resulted in renewed excitement about life despite my fears, and the rut I was in for the last couple years has been replaced by a new and unknown path. I got what I wanted, but could not have guessed how that reality would be manifested.

One thing I struggled with, was holding onto the dream but not too tightly. The trick is enjoying the dream while detaching enough to be content with the belief "that it's coming, some day". I knew, that the more I worried and longed for it, the more my negative emotions could stall the manifesting. In more pragmatic terms, I had to focus on the journey not the horizon.

As a science guy I think of it in terms of a balance of energy. I have to ask myself, am I giving more energy to what my heart desires or, are my fears and negative thoughts providing more energy to the fear that I will not get it.

Bottom Line, we've reached another stage and I feel alive again. I believe that exciting things are coming, and I know we will be provided for.

So lets see what's next... but You go first... OK I'll go, I know I got this.



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PLACE  
STAMP  
HERE



Life is a mirror and will reflect back to the thinker  
What he thinks into it.

~Ernest Holmes