



ISSUE # 54, Feb 2015 - Apr 2015

# Welcome

FROM DIANE

Welcome to 2015!!!

I am excited to see what experiences and opportunities will manifest throughout the year. I am noticing how quick everything is coming to fruition over the last couple of years in my own life. I have to be careful how much attention I give to the, "what if" scenarios because those "what if's" can become reality whether you want them to or not. Not only is the brain a problem solver it can be a problem creator.

According to Serione's message this is a year of mirrors. We have the potential to attract many different possible outcomes into our lives depending on our belief system, our focus and emotional attachments. Being more aware of our thought processes and our emotional state can give us the healthy balance of utilizing discernment with intuitive guidance, in what we experience. For example, let's say that what you have been hoping and wishing for, for a long time, materializes. Because of the excitement and a long standing perception of what the outcome looks like you see this as Divine intervention.

Observe all facets of what sits before you, as if you are on the sidelines, and remember that in the majority of situations, co-creation enters into what you are experiencing.

Ask, how does this benefit your life and the ones you are co-creating with? Will it fulfill or take away from you? Will it truly give you the desired outcome?

Listening to your internal guidance is much more subtle than the brain's structured analysis. Blending the two together with a desired outcome of a win-win situation is a Universal gift. If not a win-win then the Universal gift is in the form of a lesson.

*Much Love, Diane*



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# With Love, From Serione'

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(Channeled by Diane)

The events of your world show the consciousness of the whole while individual consciousness sits directly before you. The momentum of your beliefs, fears and joys will magnetically blend for contemplation. It is a year of remarkable mirrors with manifestations appearing or disappearing and in some cases remaining outside of your reach due to analytical vacillation. The choices you make to validate self will provide a path of ease and grace and to invalidate provides the opposite and will reflect itself accordingly.

Many do not realize that vacillation is non-commitment and experiences are presented to sort through confusion for greater clarity. Those who are stagnant are being offered discomfort in order to actively move forward. Commitment is important to build momentum with absence of control for a beneficial outcome. We see much frustration due to expectations that the mind locks into. As we have said in previous writings we will provide the ways and means and your heartfelt desire magnetically drives it into fruition.

Unrest is a natural occurrence during this transformation in your evolutionary process. Unresolved issues must surface to be dealt with whether on a grander scale or a personal level. Control rapidly grows because of the sense of vulnerability due to a perception of loss. During this phase there is confusion, a sense of instability and emotional vulnerability which creates self-indulgence. To come into a place of calm is to balance by blending with the simple joys in life and validating how you feel with expression as required. Practicing avoidance creates intensity to encourage action.

Your bodies are affected with this transformation and will require supplementation for a healthy nervous system. Minerals, play and rest will assist and most importantly giving the mind a sense of accomplishment through learning, creating, etc. Physical activity and a safe place to emote will be a benefit for a sense of balance emotionally and mentally.

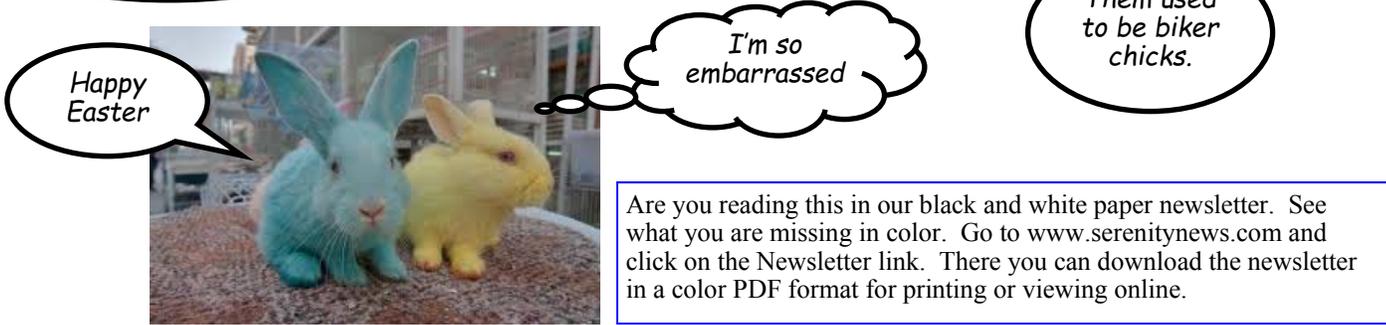
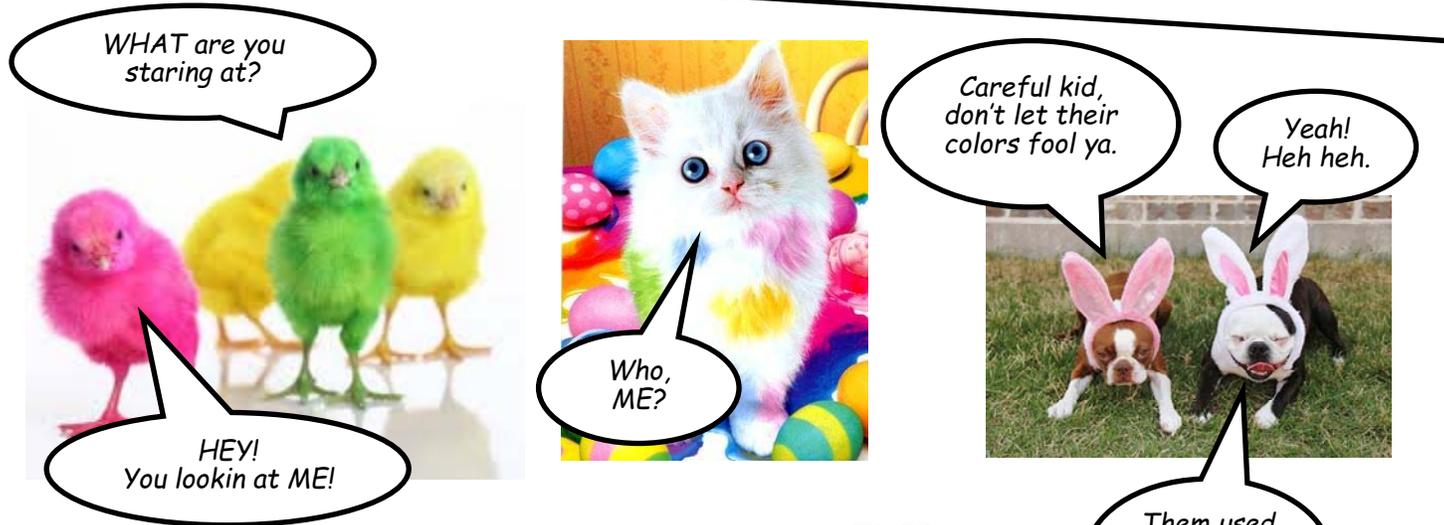
Introspection is the key for changing unfavorable outcomes.

*We Wish For You Peace, Health and Grace in Your Personal  
Transformation ,  
Serione'*

# My 2 Cents

By Jeffrey Phillips

Say WHAT! Another newsletter, it's Groundhog day... This must be what they mean by over the hill, because man the months fly by. And no, it is really Ground hog day, which means that Valentines Day is coming, and Saint Patty's day, and Easter... I think I will invest in food coloring futures, but for now here's the rest of my 2 cents worth. My Contribution to Serenity, hopefully it will make you smile.



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“Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation), there is one elementary truth that ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then Providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way. Whatever you can do, or dream you can do, begin it. Boldness has genius, power, and magic in it. Begin it now.”

~William Hutchison Murray