

# SERENITY NEWS

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## Welcome

FROM DIANE

Welcome to the New Year!!!

We really had a great start to this year and are looking forward to what the rest of it brings.

It certainly feels like everything is moving really fast in some areas and others seem to be crawling at a snail's pace depending on personal circumstances and how they are perceived. Perception can create a life with ease and grace or struggle.

When I was younger my dad used to say, "Sis, you have a one track mind!!!" When I put my mind to something that is all I could think about. I would wake up with it and go to bed with it. How to make it happen, waiting for the shoe to drop, all the what if's, etc and the list goes on. Frustrations were at an all time high because of my tunnel vision. I attached myself to what I wanted and clearly could not see the benefit of allowing a desire to take shape without forcing it to look MY way. In other words, I did not trust that it would happen due to my internal beliefs.

I was very black and white in my thought processes and I could not comprehend any other way. My perfectionism stood in the way of nearly everything that I did.

Now, I put energy into my desires, just not the same way. I research to appease my brain, give it up to Spirit to provide the outcome and take actions as required to meet the goal. The key is not to attach emotionally to the point of analytical control, or it will become a lesson in discernment, detachment and trust.

Faith is a knowledge within the heart,  
beyond the reach of proof.

-Khalil Gibran

In closing, it requires faith in order to bring more of who we truly are into this world, which benefits the whole. We all get to go through our own experiences of personal growth in learning to live it rather than just talk it.

Wishing You an Abundant, Prosperous,  
And Fun Filled Year,

*Diane*



# WITH LOVE, FROM SERIONE

(Channeled by Diane)

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All aspects of life are escalating for lesson and for movement forward, in relation to planetary shifting. As the earth's atmospheric pressure's rise, with defining anomaly, the physical bodies are feeling the discomfort and confusion of this unbalance. Because of this, the earth's weather patterns are more pronounced and will continue their cyclic activity.

These cyclic events have been around since the beginning of time and assist in the geometry of the magnetic poles. Your earth is a breathing living organism and the magnetic poles can be likened to the left and right hemispheres of the brain. Each has its own significance to the operation of your bodies. No different than that of the magnetic fields of the earth. There is expansion and growth in all life which affect each other and adjustments are made according to these interconnected frequencies.

Alpha rhythms of the brain and magnetic fields within the earth synchronize and simultaneously counterbalance. Because of the diversity of events scientists are unable to see identical patterns due to the gestation sequence phase of each cycle. It would take an algorithm apparatus specifically designed for gestation sequences of the magnetic fields and the earth's atmospheric pressure collectively to understand cyclic behavior.

Conscience awareness to that which you are creating is the theme of your new year. Your words are significant only to the emotional energy attached to them. Many wish, hope and complicate the processes with attachments, frustrations and the belief that they are being punished for what lies before them. We provide the ways and means for your desires as long as control is absent and your belief system allows your desires to build momentum. The analytical mind works the hard way by turning every stone over for the answers while the purity of the heart guides you to the open door that best serves the path of least resistance.

*We Wish You to Simply Be Aware and Live  
By the Purity of Your Heart,  
Serione`*

God always takes the  
simplest way.  
~Albert Einstein

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# My 2 Cents

By Jeffrey Phillips

So I spent the better part of a week trying to figure out what I wanted to say on this last page. This is our Spring Newsletter, and Spring is about renewal and new hope, yadda yadda... Then Yesterday driving home I passed two horses each in adjacent corrals separated by a metal fence, Both were stretching and contorting to reach over to nuzzle each other and it looked like they were kissing. So that's when I realized, I got nothing, **but love.**



SO, HAPPY VALNTINES DAY,  
'HAPPY SAINT PATRICKS DAY.  
HAPPY EASTER, AND  
MOST OF ALL, HAPPINESS

Happiness is like a kiss. You  
must share it to enjoy it.

~Bernard Meltzer

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PLACE  
STAMP  
HERE



As your faith is strengthened you will find that there is no longer the need to have a sense of control, that things will flow as they will, and that you will flow with them, to your great delight and benefit.

~Emmanuel Teney