

# SERENITY NEWS

ISSUE # 47, May 2013 to July 2013

## Welcome

FROM DIANE

As I sit here writing it is such a beautiful morning with the sun shining, birds singing and an overall sense of peace. The feeling of peace can be more difficult to connect with if we are emotionally attached and have a judgment associated to what stands before us. We can still feel compassion, have an expression, grieve and work through our anger as long as we do not allow it to fester. This is truly a healthy way to process. Not moving forward is allowing situations regardless of how small or aggrandized to take a hold of us by rationalizing and in doing so we give up our power to the baser part of our being (our mind). This is when our lessons must in-

tensify until we acknowledge our part in it and change perception along with behavior. When we detach enough to look at the bigger picture we are able to see all sides to the situation and make an informed decision based on truth rather than reacting to fear or wanting control which is one of the same. The brain can be tamed and faith obtained through joint collaboration.

Experiences in our personal life and on a global level are all part of the grand evolutionary process. It calls for integrity, validating self and simplicity of service in order to appreciate and accept what life is offering us.

Jeffrey and I wish you a fun filled summer filled with laughter, adventure and a whole lot of love,

*Diane*



# WITH LOVE, FROM SERIONE'

(Channeled by Diane)

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Before anything else, we need a new age of Enlightenment.

Our present political systems must relinquish their claims on truth, justice and freedom and have to replace them with the search for truth, justice, freedom and reason.

~Friedrich Durrenmatt

The shifting of your earth's atmospheric pressure is increasing ever so slightly and is noted within the physical bodies as well as behavioral disruptions. Vibration shifts are occurring consistently with sustainable momentum. As part of this evolutionary process multiple streams of miniscule light particles blend with all organisms altering its constitution for complete synchronization. As these light particles encounter resistance their illumination magnifies in order to dissipate that which is blocked hence behavior disruptions and physical ailments. Discomfort will be felt where stagnancy resides until such time that it is altered for movement forward.

We have indicated previously; pay attention to what you choose to focus on as you are a direct magnet for its inclusion as manifestations are accelerated. Simply put if it is not yours to confront, then why choose the lesson? Selfless acts of kindness can make a vast difference within yourself as well as others. Unobtrusive, spontaneous, heartfelt gestures create synthesized compassion which ultimately unites the whole.

As the dictatorships of your nations manipulate each other for domination they are unaware of the subtle loss of power within their own parliaments. Corruption breeds more of the same and these members will debilitate their leaders for their own political welfare and safety. As the people continue to rise in continuity to a cause greater than their own and hold steadfast to their solemn vows of truth there is no wall to robust to overcome.

*May You Have Peace, Conscious Awareness  
and Spiritual Bliss in the Walk of Enlightenment,*

*Serione'*

## Rate Changes Effective

### June 1st 2013:

15 min = \$35

30 min = \$70

45 min = \$105

60 min = \$140

**Happy  
Memorial Day**



**Happy  
4th of July**

# Jeffrey's 2 cents...

Weather folks say it's going to be a hot one, which also means hot weather, sunny skies so make the best of it, get out and enjoy it.



Road Trips!



Wine Tours!



Surfs-UP!



Zzzzzzzzzz  
zzzzzzzzzz

But, most of all, do these Summer things with loved ones, spend time appreciating nature, love, and life, and make some sweet memories, to warm your hearts all year long.

Oh! and wear your Sun block!



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PLACE  
STAMP  
HERE



*“Serenity is finding peace and freedom while in Life's storms, not peace and freedom from Life's storms... and realizing it's not always about surviving Life's storms but more about learning how to dance in the rain.”*

*~Author Unknown*