

# SERENITY NEWS

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## The Hummingbird

by Harry Kemp

**The sunlight speaks. And its voice is a bird:  
It glitters half-guessed half seen half-heard  
Above the flower bed. Over the lawn ...  
A flashing dip and it is gone.  
And all it lends to the eye is this --  
A sunbeam giving the air a kiss.**

## Hello Everyone

It seems that our winter was short lived and summer is right up on us. We had two snow events this year and our first snow fall was March 17<sup>th</sup>. It left us with about 18 inches of snow with 3 foot of drifts. The 2<sup>nd</sup> event seemed to be more than the 1<sup>st</sup> and I do not recall having that much snow in one setting. It was beautiful and when the deer walked across the property the snow was up to their knee caps. It certainly helped to increase our water tables and we are feeling very blessed with the accumulation.

After living in our home for 5 years we have started to do some landscaping. Last weekend we laid sod in our little yard and planted a beautiful rose tree with white and pink roses. I am hyped up and want to do a whole lot more. It gives my brain something to plan and accomplish and it fills my heart with joy. Playing in the dirt is very grounding and I require a little bit more of it these days.

Because of it being an analytical year it looks like we may all require a little mental down time every now and then. Recently, I have noticed that within myself and definitely require playing or pampering to balance out. Many people are going through a great deal and change is a part of this cycle of growth. We are being encouraged to grow in many ways and the emotional parts of us are truly affected. The brain wants to fix or stop the experience that we require moving through. How we perceive it can either make it a negative or a positive. Learning to flow rather than resist avoids the added experience of a 4x4 right upside the head (analogy only) and that is painful. This energy is all encompassing and intense. The most important thing to remember is we all have choice.

*Have a wonderful, relaxing summer :-)*

*Lots of Love to You and Yours,*

**Diane**



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[www.serenitynews.com](http://www.serenitynews.com)

There you will find the link to this newsletter, newsletter archives and to Diane's webpage.

# WITH LOVE, FROM SERIONE

(Channeled by Diane)

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An energetic synthesis of instability will enhance your weather patterns mid August, which will have an effect on the momentum and turbulence of your oceans. Marine life will continue to show signs of distress with incremental oddities.

Filtration and purification of drinking water is required in many areas to offset the laden bacteria accumulating due to earth changes.

Civil unrest is prevalent during phases of anarchy and lives are sacrificed to instill the fear so inherent with fascism. The global majority are rising up in retaliation and defying Statism to attain and/or preserve autonomy. The political houses are becoming more obscure in their search for public acceptance. The airways are filled with bogus atrocities to sway the listener toward biased agendas. During times of confusion you will witness the escalation of riots due to societal division.

Patience is called for during times of uncertainty and many are experiencing the unknowns of life and attempting to control the outcomes rather than detaching from the how to. We would suggest expressing your desire, taking action by moving toward that desire and allowing us to work on your behalf. It also requires perseverance as your path unfolds and the willingness to be open to various opportunities for ample success.

The analytical mind is in full affect this year and will utilize every opportunity to keep the old perceptions and behaviors alive and well. When you find you are repeating the same lessons in a different way with the same outcome it is a benefit to acknowledge your part in it. Your manifestations are propagating quickly and with intensity. It is not what you ask for, it is what you choose to give your energy to that is emulated. Your intent and belief systems speak loudly regardless of your words. Balance of the emotions and the mind herald manifesting success. Life is all about experiences, it's neither good nor bad it just is. For each step you take regardless of whether you see it as positive or negative the energy simply follows and amplifies itself into existence.

*We Wish You Strength To Endure, Patience To See  
and Peace To Prosper*

*Serione`*

Fear is the main source of superstition, and one of the main sources of cruelty. To conquer fear is the beginning of wisdom.

~ Bertrand Russell

Thus each person by his fears gives wings to rumor, and, without any real source of apprehension, men fear what they themselves have imagined.

**Lucan**



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Security is mostly a superstition. It does not exist in nature,  
nor do the children of men as a whole experience it.  
Avoiding danger is no safer in the long run than outright  
exposure. Life is either a daring adventure, or nothing.  
-Helen Keller